Ciel Spa

SPA MENU
PHILOSOPHY
The Clay Spa provides the exclusive spa experience with treatments created by harmoniously blending the best oriental techniques and Vietnamese herbal secrets. Every special treatment at our extraordinary spa brings you the best experiences and sensations that you have never experienced before.

Relax in harmony and purity at Clay Spa. You can enjoy superior service in the privacy of your own treatment room. We have developed our highly acclaimed Spa Therapists who will leave you feeling totally relaxed and free to recover your inner self with our dedicated scent of aromatherapy oil and subtle herbs. Every journey starts with a signature tea and a herbal foot ritual. This is a part of Clay Spa to demonstrate oriental culture and we offer an extensive range of innovative treatments.

BODY MASSAGE

NATURAL
BAMBOO MASSAGE (MASSAGE TRE) (75’ - 90’)

Warm Bamboo or "Bamboo fusion" massage incorporates different lengths and diameters of bamboo sticks. Warmed smooth bamboo is integrated into a Toning Deep Tissue Massage to promote a deep sense of well being and relaxed relaxation.

SPIRITUAL
CEL MASSAGE (75’ - 90’)

The exclusive treatment revitalizes your senses throughout the body. Your treatment starts with an invigorating foot ritual with Himalayan crystal salt, next, achieve deep relaxation during a massage using a salute oil and Thai herbal compresses and finally experience a tingling awakening of your senses during a Vietnamese head massage.

VITALITY
ASIAN BLEND MASSAGE (60’ - 75’ - 90’)

This is a combination of all the best Asian massage therapies. An unique blend of Thai, Vietnamese and Japanese Shiatsu massage techniques, that flowing in some long colour- lined strokes, stretching, thumb and elbow techniques, and this therapy will ease away stress from every pore of your body leaving you feeling rejuvenated and relaxed.

PURITY
AROMATHERAPY (60’ - 75’ - 90’)

From one of our four signature blended oils, created to deliver the utmost in aromatic power, choose the scent that instinctively appeals the most. The relaxing massage that follows combines light to medium pressure with deeply healing aromatherapy, helping to calm the nervous system, reduce your stress levels and improve your sleep.

VIETNAMESE
VIETNAMESE MASSAGE (60’ - 75’ - 90’)

An ancient massage technique from Vietnam. Pressure point techniques with invigorating movements to warm the body and improve sense of well being and physical flexibility with aromatherapy massage oil.

SIAMESE
TRADITIONAL THAI MASSAGE (60’ - 75’ - 90’)

Traditional Thai Massage is a system of massage and assisted stretching developed in Thailand hardened through centuries. Pressure techniques along the body’s energy lines combine with muscle stretching to relieve tension and stress with a feeling of energy and peace.

STRESS RELIEF
BACK - SHOULDER - HEAD THERAPY (30’ - 45’ - 60’)

Treatment is good for relaxing aching and tired muscles, relaxing stress and easing back, shoulder and neck pain, using a combination of strong techniques from Thai and deep tissue therapy.

CALM
INDIAN HEAD MASSAGE (30’ - 45’ - 60’)

Indian head massage is based on the Ayurvedic system of healing which has been practiced in India for over thousands years. An excellent remedy for insomnia and improving vision, circulation and concentration.
### BODY SCRUB

**ASIAN WONDER**
- **RICE MILK BODY SCRUB (60’)** 550,000 VND  
  This unique scrub combines honey, herbal and rice milk from Sapa personally blended for the Spa. This beautiful scrub leaves skin soft and softens with renewed wellness.

**JAPANESE RENEWAL**
- **GREEN TEA SCRUB (60’)** 550,000 VND  
  Known for its soothing and clarifying properties, this Green tea scrub is excellent for removing dead skin cells and promoting a brighter, glowing skin.

**SIAMSESE RADIANCE**
- **DEADSEA SALT SCRUB (60’)** 550,000 VND  
  Dead Sea Salt Scrub is effective for deep cleansing of the skin and for replenishing skin with essential minerals. Keeps the skin healthy by removing dead skin cells, as well as the toxins that cause acne and also brings about stress relief.

**VIETNAMESE BLISS**
- **COCONUT SCRUB (60’)** 550,000 VND  
  Vietnamese Coconut Body Scrub is a natural product with a soothing effect and powerful antiaging antioxidants, perfect for removing dead skin cells and instantly making your skin soft, smooth and glowing.

### BODY WRAP

**DETOXIFYING**
- **DEAD SEA DETOX BODY WRAP (60’)** 600,000 VND  
  An Uplifting Detox which is steam-treated by a Dead Sea mineral mud wrap to draw deeper toxins from the cells. Strengthens and revitalizes the skin, increases elasticity and firmness while fending pigmentation problems.

**SOOTHING**
- **SEAWOOD BODY WRAP (60’)** 600,000 VND  
  Seawood Body Wrap helps to eliminate toxins from your body. The paste is applied to the body, warm, causing you to “towel”. During the sweating process, your body is eliminating impurities. It is an excellent way to relieve daily stress and to help the body feel new and cleansed of anti-oxidants.

**ULTILIFTING**
- **VIETNAMESE COCONUT WRAP (60’)** 600,000 VND  
  This treatment uses special products made from young coconut meat and coconut oil, deeply hydrating and protecting skin, combating aging and promoting healthy and smooth skin. This method was used by the Queen a thousand years ago.
FACIAL TREATMENT

CEFIL CLASSIC FACIAL (ALL SKIN TYPES) (60’)
550,000 VND
This facial treatment uses products from the Anna Lotan skin care range to cleanse, balance, hydrate, lighten and brighten the skin. Recommendation for all skin types.
PURIFYING FACIAL (MATURE, DRY, SENSITIVE SKIN) (60’)
650,000 VND
Purifying facial treatment is specially designed for mature, dry and sensitive skin. The use of natural ingredients helps smooth and revitalise skin texture, encouraging renewal.
LUXURY FACIAL (MATURE SKIN) (60’)
750,000 VND
An intensive antiaging facial treatment that corrects the signs of aging and protects your skin against the damaging effects of time. Your skin is left looking relaxed, fine lines are instantly plumped and saturated in moisture.

SPA PACKAGES

CEFIL SIGNATURE PACKAGE (270’)
2,200,000 VND
- Rice Milk Moisturizing Body Scrub 30 min
- Seaweed Body Wrap 30 min
- Herbal Steam 15 min
- Cilf Classic Facial 60 min
- Manicure/Pedicure 60 min
- Wellness Snack & Smoothie Menu

ROMANTIC HONEYMOON PACKAGE (FOR COUPLES) (210’)
2,900,000 VND
- Green Tea Body Scrub 45 min
- Herbal Steam 15 min
- Purity 60 min
- Call 30 min
- Purifying Facial 60 min
- Wellness Snack & Smoothie Menu

LADIES INDULGENCE PACKAGE (210’)
1,890,000 VND
- Rice Milk Body Moisturizing Scrub 45 min
- Coconut Body Wrap 30 min
- Purity 60 min
- Luxury Facial 60 min
- Wellness Snack & Smoothie Menu

GENTLEMEN’S GETAWAY (180’)
1,390,000 VND
- Sea Salt Body Scrub 45 min
- Herbal Steam 15 Min
- Vitality 60 min
- Cilf Classic Facial 60 min
- Wellness Snack & Smoothie Menu

SPYR OF VIETNAM (120’)
890,000 VND
- Coconut Body Scrub 45 min
- Herbal Steam 15 Min
- Vietnamese 60 min
- Wellness Snack & Smoothie Menu

CHOOSE YOUR OWN SPA EXPERIENCE (180’)
1,500,000 VND
Create your spa package to suit your personal state of balance. This approach is custom tailored in consultation with your personal therapist to pinpoint specific areas of focus to meet your needs.

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